

Office Safety Precautions in Effect During the Pandemic

Houston Psychotherapists, Inc., is taking the following precautions to protect our patients and help slow the spread of the coronavirus.

- Office seating in the waiting room and in therapy/testing rooms has been arranged for appropriate physical distancing.
- Clinicians and staff maintain safe distancing and take their temperatures daily.
- Restroom soap dispensers are maintained and everyone is encouraged to wash their hands.
- Hand sanitizer that contains at least 60% alcohol is available in the therapy/testing rooms, the waiting room and at the reception counter.
- Appointments are scheduled at specific intervals to minimize the number of people in the waiting room.
- We ask all patients to wait in their cars or outside until no earlier than 5 minutes before their appointment times.
- Door handles and other commonly touched surfaces are sanitized multiple times a day.
- Physical contact is not permitted.
- Tissues and trash bins are easily accessed. Trash is disposed of on a frequent basis.
- Common areas are thoroughly disinfected at the end of each day.

LET US PAMPER YOU! Please allow your clinician to open/close the door for you, make you coffee, get you water.... This allows a minimum number of people to touch surfaces and it also makes us feel good!

Common COVID-19 symptoms include:

- Fever
- Coughing
- Shortness of breath
- Loss of sense of smell
- Body aches
- Any other flu-like symptoms